

Department of Physical Education
POLICY DOCUMENT

SPORTS COMMITTEE

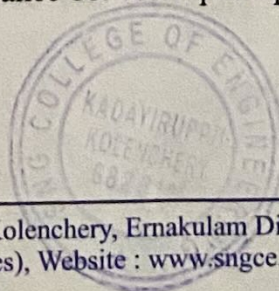
“A Healthy body is a Healthy Mind” The vision of the sports committee is to organize sports so they can learn to keep themselves physically fit and aims at enhancing the interest of the participants in the field of sports. Sports committee has clear intention on that the level of commitment for sports from an extracurricular perspective should be increased.

“For being successful in life, Sports play an important role, as it develop interpersonal relationship, respect for others, sense of sharing, tolerance, team spirit, will and determine to win, face success and failures in equal proportion, stress management, and make one team to follow rules to lead a disciplined life”

Sports develops the various skills in the students like patience, discipline ,learning from failure, sportsmanship, team work, leadership etc, and contribute to the physical & mental wellbeing of students.

OBJECTIVES

- i] To create zeal amongst students and faculty members towards sports
- ii] To organize training, coaching and education in sports for everybody so that they can learn to keep themselves physically fit
- i) To enhance the interest of participants in the field of sports.
- ii) To achieve the goals we plan to organize various competitions in the following sports: Football, Cricket, Basketball, Volleyball, Caroms, Badminton , Table Tennis, and Track &Field etc.
- iii) To promote every individual’s health, physically well-being as well as the acquisition physical skills among the students.
- iv) The committee aspires to inculcate qualities such as Sportsmanship, Team spirit and Bonding.
- v) It is designed to serve the interest of the students’ community in competitive sports and other recreational activities i.e. both Indoor and outdoor
- vi) The committee also intend to develop and promote sports activities for educational and social benefits of the student community.
- vii) Participation in sports activities will nurture better human relations through sports and games to enjoy a perfect balance between sports performance standard and healthy lifestyle



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- vii) Participation in sports activities will nurture better human relations through sports and games to enjoy a perfect balance between sports performance standard and healthy lifestyle
- viii) It also imbibe discipline, leadership qualities, commitment, courage and the sense of belonging among students .
- ix) Through intercollegiate and inter-university sports participation ,the students will get a wide range of opportunities to develop knowledge , skills and values for the enhancement of performance in National and Inter National Sports.

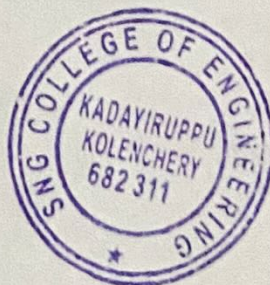
PROCEDURE

In order to cater the Physical Education activities of the college a Sports Director [PED] has been appointed.

- i. Physical education Assistant Professor / PED prepares the calendar for the sports and games activities.
- ii. He arranges the preparation of the facilities, procurement of the kit and organizes regular practice by selected participants.
- iii. He also organizes teams of staff and students to handle various responsibilities for conducting the sports and games in the College.
- iv. The students are divided in to four houses/ groups and a staff-in-charge is appointed for each. Each house selects a captain.
- v. A meeting of the house in charges and student captains of the college will meet at the beginning of the academic year to prepare and approve the sports calendar as per the university schedule for the year and to discuss the matters related to conduct of intercollegiate tournaments and intra house / department tournaments.
- vi. The sports and games are conducted in line with the scheduled itinerary and the winners are awarded prizes.
- vii. Physical Education Director maintains a list of talented sportsperson based on earlier performances within and outside the college.
- viii. As and when inter-collegiate/inter-university sports and games activities are announced, the Principal directs the Physical education in charge to initiate necessary actions who in turn selects the team and arranges for the necessary coaching.
- ix. The selected teams were put to special intensive coaching under the supervision of the coaches and the Phy. Education Director.
- x. The camps provides opportunities for practice , training and competition .
- xi. Physical education in-charge sends the necessary applications to the organizers in consultation and approval of the Principal.

ROLES AND RESPONSIBILITIES

- If the college team is good and practicing, the team can participate in the KTU registered tournaments.



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- In athletics the participants performance level should be atleast 6-8 positions of last years university meet (KTU performance, Timing and distance)
- One set team jersey will be arranged by the college for tournament and matches as per the size and design.
- All team selection should be on the basis of selection traits and performance level of the participants. They should attend the coaching / practice session regularly and also maintain discipline in all matters.
- Physical education director prepare the calendar for the sports and game activities of the year.
- The students are divided into four groups / houses and a staff in charge is appointed for each. Each house/ group select a captain.
- Phy.Edn.Director maintain a list of talented sports person based on earlier performances within and outside the college.
- As and when inter-collegiate/inter university sports and game activities are announced, the principal directs the PED to initiate necessary actions who in turn selects the team and arranges for the necessary coaching.
- Phy.Edn,Director sends the necessary applications to the organizers in consultation and approval of the principal.

TENURE OF THE MEETING

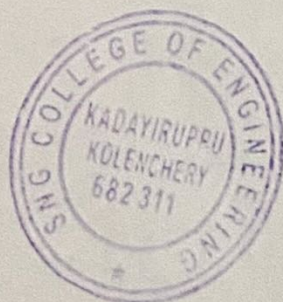
Tenure of the committee will be three consecutive academic year/six consecutive semesters, but modification is allowed if necessary.

PERIODICITY OF THE MEETING

The committee will meet twice in a year on a general basis. However meetings shall be organized when ever situation demands.

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Sree Narayana Gurukulam College of Engineering, Kadayiruppu

No. SNGCE/AD/B-3/FL003/22-23

26/09/2022

CIRCULAR

The Sports Committee of our institution is re – constituted w.e.f 26/09/2022 for the academic year 2022-23.

1. Prof. (Dr.) Kemthose P Paul, Principal – Chairman
2. Mr. Avarachan M.P., Asst. Prof., Physical Education - Coordinator
3. Mr. Shyju Y., Assoc. Prof., ECE – Member
4. Ms. Binu P., Assoc. Prof., CE - Member
5. Dr. Preetha Varghese, Prof & HoD., S&H, Member
6. Ms. Beena T. Balan, Asst. Prof., S&H, Member
7. Mr. Salman Shah Shamsudheen K., Asst. Prof., ME – Member
8. Mr. Arun Rajan, Asst. Prof., S&H – Member
9. Mr. Anu Sugathan, Asst. Prof., NASB., Member
10. Ms. Shemi P.A., Asst. Prof., EEE – Member
11. Dr. Anoopkumar M., Assoc. Prof., CA - Member
12. Mr. Kiran Vijay., Asst. Prof., MS – Member
13. Mr. Anil C.B., Asst. Prof., CSE – Member
14. Mr. Suresh T.K., Manager- Member


PRINCIPAL



Sree Narayana Gurukulam College of Engineering, Kadayiruppu

No. SNGCE/AD/B-3/FL003/21-22

24/09/2021

CIRCULAR

The Sports Committee of our institution is re – constituted w.e.f 24/09/2021 for the academic year 2021-22.

1. Prof. (Dr.) Kemthose P Paul, Principal – Chairman
2. Mr. Shyju Y., Assoc. Prof., ECE – Coordinator
3. Mr. Salman Shah Shamsudheen K., Asst. Prof., ME – Member
4. Mr. Anu Sugathan, Asst. Prof., NASB., Member
5. Mr. Arun Rajan, Asst.Prof., S&H – Member
6. Ms. Binu P., Assoc. Prof., CE - Member
7. Ms. Shemi P.A., Asst. Prof., EEE – Member
8. Mr. Anil C.B., Asst. Prof., CSE – Member
9. Mr. Kiran Vijay., Asst. Prof., MS – Member
10. Mr. Anoopkumar M., Assoc. Prof., CA - Member



PRINCIPAL



Sree Narayana Gurukulam College of Engineering, Kadayiruppu

SNGCE/AD/B-1/FL041/2019-20

25/09/2019

CIRCULAR

The Sports Committee of our institution is re – constituted for the academic year 2019-20.

1. Prof. (Dr.) Kemthose P Paul, Principal – Chairman
2. Mr. Shyju Y., Assoc. Prof., ECE – Coordinator
3. Ms. Binu P., Assoc. Prof., CE - Member
4. Mr. Arun Rajan, Asst.Prof., S&H – Member
5. Mr. Ajaykumar P.V., Asst. Prof., ME – Member
6. Ms. Shemi P.A., Asst. Prof., EEE – Member
7. Mr. Anil C.B., Asst. Prof., CSE – Member
8. Mr. Vishnu R., Asst. Prof., NASB – Member
9. Mr. Kiran Vijay., Asst. Prof., MS – Member
10. Mr. Anoopkumar M., Assoc. Prof., CA - Member


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Sree Narayana Gurukulam College of Engineering, Kadayiruppu

SNGCE/AD/B-1/FL041

01/08/2018

CIRCULAR

The Sports Committee of our institution is re – constituted w.e.f 01/08/2018 for the academic year 2018-2019.

1. Prof. (Dr.) Kemthose P Paul, Principal – Chairman
2. Mr. Shyju Y., Assoc. Prof., ECE – Coordinator
3. Ms. Binu P., Assoc. Prof., CE - Member
4. Mr. Arun Rajan, Asst.Prof., S&H – Member
5. Mr. Ajaykumar P.V., Asst. Prof., ME – Member
6. Ms. Shemi P.A., Asst. Prof., EEE – Member
7. Mr. Anil C.B., Asst. Prof., CSE – Member
8. Mr. Vishnu R., Asst. Prof., NASB – Member
9. Mr. Kiran Vijay., Asst. Prof., MS – Member
10. Mr. Anoopkumar M., Assoc. Prof., CA - Member



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Sports COMMITTEE - 2018-19

Date: 25/01/2019

Members:

1. Prof. Dr. Kemthose P. Paul - Chairman *H. J. Jose*
2. Assoc. Prof. SHYJU. Y. - Coordinator *Shyju*
3. Asst. Prof: Arun Rajan - *Arun*
4. Assoc. Prof: Binu. P. - *Binu*
5. Assoc. Prof: Ajaya Kumar PV - *Ajaya*
6. Asst. Prof: Shemi P.A. - *Shemi*
7. Asst. Prof: Anil. C.B. - *Anil*
8. Asst. Prof: Vishnu. - *Vishnu*
9. Asst. Prof: Kiran Vijay - *Kiran*
10. Assoc. Prof: Anoop Kumar M. - *Anoop*

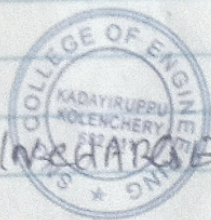
A meeting of Sports Committee was held at 3.30 pm on 25/01/2019 with Principal Prof: Dr. Kemthose P. Paul as chairman 9 members of committee were present.

The main agenda of the meeting was to ~~eng~~ schedule the Sports Activities on the ensuing semester. It has decided to conduct various games selection trials for the college team.

- ① The meeting also decided to organize Inter Collegiate Football Tournament on during February - March Season.
- ② Also decided to conduct Annual Sport Day during March second week.

Shyju Y
SHYJU. Y
ASSOC. PROFESSOR.

P.E. *INCHARGE*



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H. J. Jose

Sports Committee Meeting - 2019-20

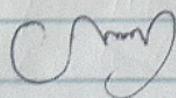
Date: 10/12/2019

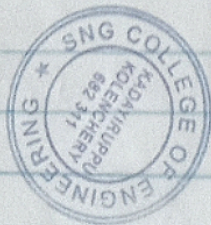
Members:

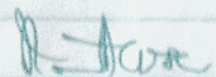
1. Dr. kemthase P. Paul - Chairman A. K. K.
2. Assoc. Prof. SHYJU Y C.M.
3. Asst. Prof: Anun Rajan A.K.
4. Assoc. Prof. Anun. P. Anun P.
5. Assoc. Prof: Ajaya kumar PV A.K.
6. Asst. Prof: Shemi P.A. Shemi
7. Asst. Prof: Anil. E.B Anil
8. Asst. Prof: Vishnu. Vishnu
9. Asst. Prof: Kiban Vijay karan Kiban
10. Assoc. Prof: Anoop Kumari Anoop

The Sports Committee meeting was held at 3:30 PM on 10/12/2019 with the Principal Prof: Dr. kemthase P. Paul as the Chairman and other 9 members were present.

The Committee suggested to organize a Inter School Basketball Tournament to be held in the neighbouring school during the month of January 2020. The Committee also decided to conduct Annual Sports Day and Inter Department Games League.


 SHYJU. Y
 Assoc. Prof: PE Department In-Charge.




 A. K. K.

Sports Committee Meeting 2021-22

Date: 15/02/2022

The Sports Committee is reconstituted after the Covid-19 pandemic season.

The new Committee members are as following,

1. Prof: Dr. Keshava P. Paul - chairman *P. Paul*
2. Assoc. Prof: Shyju. Y. - Coordinator *Shyju*
3. Asst. Prof: Salman Shah - *Salman*
4. Asst. Prof: Anu Sugathan *Anu*
5. Asst. Prof: Anuraj Rajan *Anuraj*
6. Assoc. Prof: Brian P. V *Brian*
7. Asst. Prof: Shemi P. T. *Shemi*
8. Asst. Prof: Anil C. B. *Anil*
9. Asst. Prof: Kiran Vijay *Kiran*
10. Assoc. Prof: Anoop Kumar *Anoop*

The Sports committee meeting during the year 2021-22 has been held at 3 PM on 15/02/2022 with Dr. Keshava P. Paul Principal SNICE and other 9 members.

The committee proposed to organize a Inter Department Games League for Cricket, Football & Volleyball.

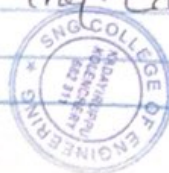
The Committee has decided to conduct staff Football inter department ~~games~~ matches for the staff members.

Also decided to conduct staff Cricket matches.

Shyju. Y.

Assoc. Prof: Phy. Edn Dept. Incharge,

Shyju






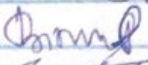
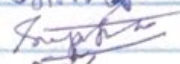

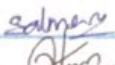

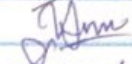
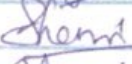
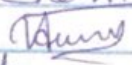
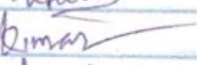


P. Paul
PRINCIPAL

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Sports Committee Meeting - 2022

Date - 20/6/2022


Members:

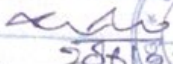
1. Prof. Dr. Kermthose P. Paul. Chairman 
2. Asst. Prof. Avarachan. M.P. Co-ordinator 
3. Assoc. Prof. Shyju. Y. - 
4. Assoc. Prof. Binu. P. - 
5. Prof. Dr. Suprabha T. - 
6. ~~Asst. Prof.~~ Beena T. Balar - 
7. Asst. Prof. Salman Shah - 
8. Asst. Prof. Arun Rajan - 
9. Asst. Prof. Anu Sugathan - 
10. ~~Asst. Prof.~~ Shemi P.A. - 
11. Assoc. Prof. Anoop Kumar - 
12. Asst. Prof. Kiran Vijay - 
13. Asst. Prof. Anil C.B. - 
14. Mr. Suresh T.K. Manager. SNICE. 

The Sports Committee meeting during the year 2022-23 had been held on 20/06/22 with the Principal Dr. Kermthose Paul and other members at 3 P.M.

The Committee decided to organize a programme in connection with "YOGA DAY-22" on 21/06/22 at SNICE Auditorium at 3.30 P.M. - 4.30 P.M. "International YOGA DAY"

The Committee also decided to conduct a Yoga Demo during the programme for the students.


AVARACHAN. M.P.

ASST. PROF. PHY. Edn. 


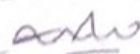

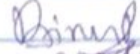





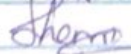
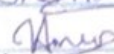
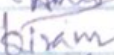
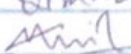

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Sports Committee Meeting - 2022⁹

Date: 05/07/2022

Members :-

1. Prof. Dr. Kennethose P. Paul. Chairman 
2. Asst. Prof. Avarachan. M.P. Co-ordinator 
3. Assoc. Prof. Shejun Y. 
4. Assoc. Prof. Binu P. 
5. Prof. Dr. Suprabha T. 
6. Asst. Prof. Beena T. Baban 
7. Asst. Prof. Arun Rajan 
8. Asst. Prof. Salman Shah 
9. Asst. Prof. Anu Singhania 
10. Assoc. Prof. Shemil P.A. 
11. Assoc. Prof. Anoop Kumar 
12. Asst. Prof. Kiran Vijay 
13. Asst. Prof. Anil C.D. 
14. Mr. Suresh T.K. Manager SVACE 

The Sports Committee meeting was held on 5/07/22 at 3 P.M With the chairman Dr. Kennethose P. Paul and other members.

① The Committee discussed and decided to Renovate the Gym Equipments and its necessary items.

② Decided to Prepare the list of Requirements of the Sports Equipment for the Academic year. Also decided to do the emergency Repairing and maintenance works for the smooth functioning of the Sports Activities at the SVACE Campus.

Discussed the Requirements of the Sports Goods and Sport Aid Items.

AVARACHAN. M.P.





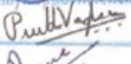






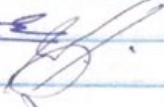


ASST. PROF. PHY. EDU.

05/07/22

Sports Committee Meeting - 2022

Date: 25/10/2022

Members

1. Prof. Dr. Kemthase P. Paul - Chairman 
2. Asst. Prof. Avarachan M.P. Co-ordinator 
3. Assoc. Prof. Shyju. Y. 
4. Assoc. Prof. Binu. P. 
5. Prof. Dr. Preetha Varghese 
6. Asst. Prof. Beena T. (Balan) 
7. Asst. Prof. Salman Shah 
8. Asst. Prof. Arun Rajan 
9. Asst. Prof. Anu Sugathan 
10. Asst. Prof. Shemi P.A. 
4. Assoc. Prof. Anoop Kumar 
12. Asst. Prof. Kiran Vijay (Sreejith) 
13. Asst. Prof. Anil C.B. 
14. Mr. Suresh T.K. Manager. S.KACE 

Absentees: Nil.

Agenda - Single fitness Centre.

The Sports Committee Meeting was held on 25/10/2022 with the Chairman and other members.

The committee discussed about the opening of New fitness centre and the need/essentials for the Gym & fitness centre.

① Also discussed about the Upholstery work to be done in the fitness Room equipments & machines.

② Discussed about the maintenance work to be done at the play grounds.

③ To purchase of new Sports Items for students & practical for various games.

Principal/Chairman



P.E. Dept.
AVARACHAN. M.P.
Co-ordinator

25/10/22

Sports Committee meeting - 2023

Date :- 10/11/23

Members:-

1. Prof: Dr. Kemthose Paul Chairman *P. Paul*
2. Asst. Prof: Avaracham. M.P. Co-ordinator *Avaracham*
3. Assoc. Prof: Shajin Y. *Shajin Y.*
4. Assoc. Prof: Biju P. *Biju P.*
5. Prof: Dr. Preetha Varghese *Preetha Varghese*
6. Asst. Prof: Greeng N. Balan *Greeng N. Balan*
7. Asst. Prof: Salman Shah *Salman Shah*
8. Asst. Prof: Anun Rajan *Anun Rajan*
9. Asst. Prof: *Anandhu C.B.*
10. Asst. Prof: Shemi P.A. *Shemi P.A.*
11. Assoc. Prof: Anoop Kumar *Anoop Kumar*
12. Asst. Prof: *(Sreejith)*
13. Asst. Prof: Anil C.B.
14. Mr. Suresh T.K. Manager SIOLE

Absentees :- *Atth presents Asst. Prof: Kiran Vijay*

1. Agenda:- Request from students for need of more Recreational Activities at the Campus

The Sports Committee meeting was held on 10/11/23 at 3 PM with the chairman Dr. Kemthose Paul, Principal Sree and other members.

- ① The Committee discussed the request from students regarding more indoor activities and other sports & games.
- ② The Committee also discussed about the feasibility of indoor games on lunch break & specially on Fridays.
- ③ Also decided to form different teams and start practice for the KIU tournaments.
Principal / Chairman.

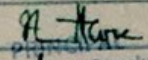
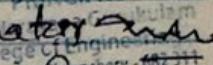
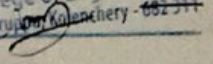
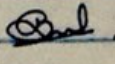
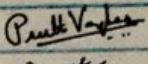
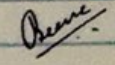

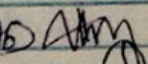
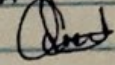

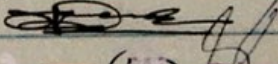
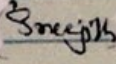

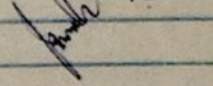


Avaracham
10/11/23
Asst. Prof. Phy - Cdn

Sports Committee meeting 20¹23

Date: 15/01/2023

Members:

1. Prof: Dr. Kemthase P Paul - Chairman 
2. Asst. Prof: Avarachan M.P. Co-ordinator 
3. Assoc. Prof: Shaju Y - 
4. Assoc. Prof: Binu P. 
5. Dr. Preetha Varghese 
6. Asst. Prof: Beena T. Balan 
7. Asst. Prof: Salman Shah 
8. Asst. Prof: Anun Rajan (Vijeesh V. VAD) 
9. Asst. Prof: Anandhu C.B. 
10. Asst. Prof: Shemi P.A. 
11. Assoc. Prof: Anoop Kumar 
12. Asst. Prof: 
13. Asst. Prof: Anil E.B. 
14. Mr. Suresh T.K. Manager SNGCE 

Absentees: - ① Asst. Prof. Anun Rajan on Leave.
② Asst. Prof. Kisan Vijay

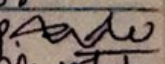
1. Agenda: - Opening of SNGCE Fitness centre

The Sports Committee meeting was held on 15/01/23 at 2.30 PM with the chairman Dr. Kemthase P. Paul Principal SNGCE and other members.

- ① The Committee discussed and decided to start the Gym facilities for students on a total basis at the Evening 4.30 P.M to 6 P.M
- ② Decided to keep a Register for the Daily users.
3. Decided to buy some more Equipments to the Fitness Centre immediately.

Principal / chairman



Co-ordinator
AVARACHAN M.P. 
Asst. Prof. Phy. Etn. 15/01/23